

Plads Navn

Klasse

Tid

D15-16

1 Laura Bobach Rold Skov OK 58:16

01:11= 03:44= 06:07= 07:53= 12:28= 17:52= 20:10= 35:21= 38:03= 41:07= 50:06= 53:35= 57:41= 58:16=
 01:11= 02:33= 02:23= 01:46= 04:35= 05:24= 02:18= 15:11= 02:42= 03:04= 08:59= 03:29= 04:06= 00:35=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

01:11 02:33 02:23 01:46 04:35 05:24 02:18 15:11 02:42 03:04 08:59 03:29 04:06 00:35

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1 Helle Bobach Aalborg Orienteringsklub 1:02:31

03:02= 06:12= 07:50= 10:53= 13:20= 17:58= 23:42= 28:31= 32:30= 41:02= 44:13= 46:51= 52:52= 56:28= 60:14= 62:03= 62:31=
 03:02= 03:10= 01:38= 03:03= 02:27= 04:38= 05:44= 04:49= 03:59= 08:32= 03:11= 02:38= 06:01= 03:36= 03:46= 01:49= 00:28=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

03:02 03:10 01:38 03:03 02:27 04:38 05:44 04:49 03:59 08:32 03:11 02:38 06:01 03:36 03:46 01:49 00:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1 Hanne Veggerby Rold Skov OK 1:15:32

05:09= 11:29= 14:29= 18:22= 22:17= 35:12= 41:33= 47:46= 52:38= 57:48= 64:44= 71:30= 74:58= 75:32=
 05:09= 06:20= 03:00= 03:53= 03:55= 12:55= 06:21= 06:13= 04:52= 05:10= 06:56= 06:46= 03:28= 00:34=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

05:09 06:20 03:00 03:53 03:55 12:55 06:21 06:13 04:52 05:10 06:56 06:46 03:28 00:34

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1 Dorte Filskov Aalborg Orienteringsklub 42:59

04:34= 08:03= 09:52= 14:26= 16:23= 19:47= 21:47= 25:35= 31:59= 35:53= 40:27= 42:27= 42:59=
 04:34= 03:29= 01:49= 04:34= 01:57= 03:24= 02:00= 03:48= 06:24= 03:54= 04:34= 02:00= 00:32=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Grethe Anæus Viborg OK 44:19

04:10- 07:18- 10:30+ 16:21+ 18:36+ 22:07+ 24:33+ 27:49+ 32:57+ 37:02+ 41:21+ 43:48+ 44:19+
 04:10- 03:08- 03:12+ 05:51+ 02:15+ 03:31+ 02:26+ 03:16- 05:08- 04:05+ 04:19- 02:27+ 00:31-
 00:24- 00:21- 01:23& 01:17& 00:18# 00:07+ 00:26# 00:32- 01:16- 00:11+ 00:15- 00:27# 00:01-

3 Lajla Præstgaard Mariager Fjord OK 49:47

05:06+ 08:27+ 10:56+ 17:12+ 20:10+ 25:00+ 27:25+ 31:59+ 36:50+ 41:12+ 46:35+ 49:14+ 49:47+
 05:06+ 03:21- 02:29+ 06:16+ 02:58+ 04:50+ 02:25+ 04:34+ 04:51- 04:22+ 05:23+ 02:39+ 00:33+
 00:32# 00:08- 00:40& 01:42& 01:01& 01:26& 00:25# 00:46# 01:33- 00:28# 00:49# 00:39& 00:01+

4 Ann Dissing OK Vendelboerne 52:43

04:49+ 07:57- 10:36+ 17:19+ 19:33+ 23:38+ 27:43+ 31:26+ 39:56+ 44:28+ 49:41+ 52:11+ 52:43+
 04:49+ 03:08- 02:39+ 06:43+ 02:14+ 04:05+ 04:05+ 03:43- 08:30+ 04:32+ 05:13+ 02:30+ 00:32=
 00:15+ 00:21- 00:50& 02:09& 00:17# 00:41# 02:05@ 00:05- 02:06& 00:38# 00:39# 00:30# 00:00=

5 Kirsten Hald Holdensen OK Vendelboerne 54:49

04:20- 06:51- 08:43- 21:53+ 24:02+ 28:42+ 30:37+ 33:34+ 42:21+ 46:59+ 52:03+ 54:17+ 54:49+
 04:20- 02:31- 01:52+ 13:10+ 02:09+ 04:40+ 01:55- 02:57- 08:47+ 04:38+ 05:04+ 02:14+ 00:32=
 00:14- 00:58- 00:03+ 08:36@ 00:12# 01:16& 00:05- 00:51- 02:23& 00:44# 00:30# 00:14# 00:00=

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

04:10 02:31 01:49 04:34 01:57 03:24 01:55 02:57 04:51 03:54 04:19 02:00 00:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1 Unni Strand Karlsen Fredriksstad Skiklubb 41:28

03:30= 10:52= 14:08= 15:53= 19:45= 21:47= 25:21= 29:24= 32:17= 36:46= 38:59= 40:56= 41:28=
 03:30= 07:22= 03:16= 01:45= 03:52= 02:02= 03:34= 04:03= 02:53= 04:29= 02:13= 01:57= 00:32=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Pia Hejlskov Mogensen St. Binderup OK 44:24

03:16- 07:44- 11:15- 13:41- 18:40- 21:10- 25:58+ 29:42+ 32:50+ 39:06+ 41:03+ 43:41+ 44:24+
 03:16- 04:28- 03:31+ 02:26+ 04:59+ 02:30+ 04:48+ 03:44- 03:08+ 06:16+ 01:57- 02:38+ 00:43+
 00:14- 02:54- 00:15+ 00:41& 01:07& 00:28# 01:14& 00:19- 00:15+ 01:47& 00:16- 00:41& 00:11&

Beste stræktid for klassen

03:16 04:28 03:16 01:45 03:52 02:02 03:34 03:44 02:53 04:29 01:57 01:57 00:32

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70

1 Ann Dorrit Hansen OK Djurs 45:44

03:28= 08:29= 12:01= 14:27= 20:58= 23:34= 30:40= 42:11= 45:04= 45:44=
 03:28= 05:01= 03:32= 02:26= 06:31= 02:36= 07:06= 11:31= 02:53= 00:40=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Lisbet Nielsen OK Vendelboerne 1:03:25

12:37+ 18:09+ 23:23+ 26:01+ 36:02+ 39:11+ 52:22+ 57:31+ 62:40+ 63:25+
 12:37+ 05:32+ 05:14+ 02:38+ 10:01+ 03:09+ 13:11+ 05:09- 05:09+ 00:45+
 09:09@ 00:31# 01:42& 00:12+ 03:30& 00:33# 06:05& 06:22- 02:16& 00:05#

Beste stræktid for klassen

03:28 05:01 03:32 02:26 06:31 02:36 07:06 05:09 02:53 00:40

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H-14

1 Kristian Veggerby Jensen Rold Skov OK 30:27

01:00= 02:49= 05:35= 08:24= 11:13= 15:50= 18:02= 20:22= 23:13= 27:10= 29:48= 30:27=
 01:00= 01:49= 02:46= 02:49= 02:49= 04:37= 02:12= 02:20= 02:51= 03:57= 02:38= 00:39=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Benjamin Birk Nielsen Aalborg Orienteringsklub 31:45

00:47- 06:04+ 08:54+ 10:46+ 13:18+ 16:41+ 18:52+ 21:02+ 25:07+ 29:03+ 31:13+ 31:45+
 00:47- 05:17+ 02:50+ 01:52- 02:32- 03:23- 02:11- 02:10- 04:05+ 03:56- 02:10- 00:32-
 00:13- 03:28@ 00:04+ 00:57- 00:17- 01:14- 00:01- 00:10- 01:14& 00:01- 00:28- 00:07-

3 Mikkel Popp Bobach Aalborg Orienteringsklub 1:22:13

01:20+ 06:30+ 12:14+ 18:03+ 28:24+ 39:49+ 50:02+ 56:16+ 64:22+ 73:57+ 80:45+ 82:13+
 01:20+ 05:10+ 05:44+ 05:49+ 10:21+ 11:25+ 10:13+ 06:14+ 08:06+ 09:35+ 06:48+ 01:28+
 00:20& 03:21@ 02:58@ 03:00@ 07:32@ 06:48@ 08:01@ 03:54@ 05:15@ 05:38@ 04:10@ 00:49@

Beste stræktid for klassen

00:47 01:49 02:46 01:52 02:32 03:23 02:11 02:10 02:51 03:56 02:10 00:32

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H17-20

Class	Navn	Klasse										Tid					
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1	Jonathan Birk Nielsen	Aalborg Orienteringsklub										59:43					
	02:43=	05:36=	07:15=	13:01=	14:23=	17:41=	21:19=	25:17=	28:33=	31:00=	35:28=	37:39=	49:20=	53:46=	57:01=	59:21=	59:43=
	02:43=	02:53=	01:39=	05:46=	01:22=	03:18=	03:38=	03:58=	03:16=	02:27=	04:28=	02:11=	11:41=	04:26=	03:15=	02:20=	00:22=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen
 02:43 02:53 01:39 05:46 01:22 03:18 03:38 03:58 03:16 02:27 04:28 02:11 11:41 04:26 03:15 02:20 00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

1	Nicolai Zaar Nielsen	Mariager Fjord OK										53:58									
	02:23=	04:35=	07:25=	08:35=	10:46=	12:24=	17:30=	20:22=	23:51=	27:32=	29:39=	31:57=	34:31=	37:42=	39:50=	42:13=	47:06=	49:37=	52:22=	53:37=	53:58=
	02:23=	02:12=	02:50=	01:10=	02:11=	01:38=	05:06=	02:52=	03:29=	03:41=	02:07=	02:18=	02:34=	03:11=	02:08=	02:23=	04:53=	02:31=	02:45=	01:15=	00:21=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Allan Reiche	OK Vendelboerne										1:10:05									
	02:54+	05:36+	09:11+	10:39+	14:25+	16:03+	21:30+	24:55+	29:22+	34:25+	37:24+	41:13+	44:27+	48:25+	51:19+	55:05+	61:04+	64:25+	67:52+	69:40+	70:05+
	02:54+	02:42+	03:35+	01:28+	03:46+	01:38=	05:27+	03:25+	04:27+	05:03+	02:59+	03:49+	03:14+	03:58+	02:54+	03:46+	05:59+	03:21+	03:27+	01:48+	00:25+
	00:31#	00:30#	00:45#	00:18&	01:35&	00:00=	00:21+	00:33#	00:58&	01:22&	00:52&	01:31&	00:40&	00:47#	00:46&	01:23&	01:06#	00:50&	00:42&	00:33&	00:04#

3	Mikkel Overgaard	Aalborg Orienteringsklub										1:23:06									
	05:30+	08:33+	13:18+	14:45+	18:30+	20:21+	25:39+	29:12+	34:12+	38:54+	41:43+	45:04+	54:26+	57:19+	64:45+	67:35+	73:23+	76:38+	80:31+	82:29+	83:06+
	05:30+	03:03+	04:45+	01:27+	03:45+	01:51+	05:18+	03:33+	05:00+	04:42+	02:49+	03:21+	09:22+	02:53-	07:26+	02:50+	05:48+	03:15+	03:53+	01:58+	00:37+
	03:07@	00:51&	01:55&	00:17#	01:34&	00:13#	00:12+	00:41#	01:31&	01:01&	00:42&	01:03&	06:48@	00:18-	05:18@	00:27#	00:55#	00:44&	01:08&	00:43&	00:16&

Beste stræktid for klassen
 02:23 02:12 02:50 01:10 02:11 01:38 05:06 02:52 03:29 03:41 02:07 02:18 02:34 02:53 02:08 02:23 04:53 02:31 02:45 01:15 00:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	Claus Bobach	Aalborg Orienteringsklub										46:02					
	02:23=	05:05=	06:24=	08:50=	10:14=	13:25=	17:01=	20:32=	24:24=	26:52=	30:29=	32:38=	38:05=	40:59=	44:12=	45:37=	46:02=
	02:23=	02:42=	01:19=	02:26=	01:24=	03:11=	03:36=	03:31=	03:52=	02:28=	03:37=	02:09=	05:27=	02:54=	03:13=	01:25=	00:25=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Jesper Thy	Rold Skov OK										48:36					
	02:29+	05:04-	06:32+	09:03+	10:39+	14:21+	19:14+	23:09+	26:34+	29:46+	33:38+	36:01+	41:05+	43:50+	46:47+	48:16+	48:36+
	02:29+	02:35-	01:28+	02:31+	01:36+	03:42+	04:53+	03:55+	03:25-	03:12+	03:52+	02:23+	05:04-	02:45-	02:57-	01:29+	00:20-
	00:06+	00:07-	00:09#	00:05+	00:12#	00:31#	01:17&	00:24#	00:27-	00:44&	00:15+	00:14#	00:23-	00:09-	00:16-	00:04+	00:05-

3	Peter Bobach	Rold Skov OK										1:01:10					
	03:33+	07:34+	09:29+	12:23+	14:39+	19:18+	25:02+	30:06+	33:49+	37:20+	40:07+	43:30+	51:05+	54:43+	58:37+	60:43+	61:10+
	03:33+	04:01+	01:55+	02:54+	02:16+	04:39+	05:44+	05:04+	03:43-	03:31+	02:47-	03:23+	07:35+	03:38+	03:54+	02:06+	00:27+
	01:10&	01:19&	00:36&	00:28#	00:52&	01:28&	02:08&	01:33&	00:09-	01:03&	00:50-	01:14&	02:08&	00:44&	00:41#	00:41&	00:02+

4	Mads Kappel Jensen	Rold Skov OK										1:08:38					
	03:39+	07:14+	08:54+	12:38+	14:48+	19:38+	24:08+	28:43+	33:03+	38:39+	42:44+	50:38+	57:16+	61:17+	66:07+	68:09+	68:38+
	03:39+	03:35+	01:40+	03:44+	02:10+	04:50+	04:30+	04:35+	04:20+	05:36+	04:05+	07:54+	06:38+	04:01+	04:50+	02:02+	00:29+
	01:16&	00:53&	00:21&	01:18&	00:46&	01:39&	00:54#	01:04&	00:28#	03:08&	00:28#	05:45@	01:11#	01:07&	01:37&	00:37&	00:04#

5	Morten Kappel Jensen	Rold Skov OK										1:10:32					
	01:32-	07:16+	14:52+	21:10+	27:29+	36:59+	40:43+	51:36+	56:05+	60:47+	70:01+	70:32+					
	01:32-	05:44+	07:36+	06:18+	06:19+	09:30+	03:44+	10:53+	04:29+	04:42+	09:14+	00:31-					
	00:51-	03:02@	06:17@	03:52@	04:55@	06:19@	00:08+	07:22@	00:37#	02:14&	05:37@	01:38-					

6	Jørgen Østergaard	Mariager Fjord OK										1:44:54					
	05:59+	10:19+	12:47+	16:48+	20:42+	27:00+	33:20+	40:30+	48:47+	54:50+	67:03+	72:31+	81:02+	85:47+	90:36+	104:25+	104:54+
	05:59+	04:20+	02:28+	04:01+	03:54+	06:18+	06:20+	07:10+	08:17+	06:03+	12:13+	05:28+	08:31+	04:45+	04:49+	13:49+	00:29+
	03:36@	01:38&	01:09&	01:35&	02:30@	03:07&	02:44&	03:39@	04:25@	03:35@	08:36@	03:19@	03:04&	01:51&	01:36&	12:24@	00:04#

Beste stræktid for klassen
 01:32 02:35 01:19 02:26 01:24 03:11 03:36 03:31 03:25 02:28 02:47 00:31 05:04 02:45 02:57 01:25 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1 Jes Mose Jensen AKIF 40:31
 03:16= 06:32= 07:58= 10:23= 12:23= 15:56= 19:58= 22:32= 25:08= 28:50= 33:12= 38:25= 40:11= 40:31=
 03:16= 03:16= 01:26= 02:25= 02:00= 03:33= 04:02= 02:34= 02:36= 03:42= 04:22= 05:13= 01:46= 00:20=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Walther Rahbek Rold Skov OK 43:00
 03:02- 06:58+ 08:31+ 11:29+ 13:51+ 17:13+ 21:50+ 24:54+ 28:30+ 32:24+ 36:49+ 40:40+ 42:30+ 43:00+
 03:02- 03:56+ 01:33+ 02:58+ 02:22+ 03:22- 04:37+ 03:04+ 03:36+ 03:54+ 04:25+ 03:51- 01:50+ 00:30+
 00:14- 00:40# 00:07+ 00:33# 00:22# 00:11- 00:35# 00:30# 01:00& 00:12+ 00:03+ 01:22- 00:04+ 00:10&

3 Jørgen Bruun Aalborg Orienteringsklub 44:17
 02:57- 06:39+ 08:09+ 11:04+ 13:27+ 17:12+ 21:12+ 23:38+ 26:11+ 34:50+ 38:17+ 42:07+ 43:52+ 44:17+
 02:57- 03:42+ 01:30+ 02:55+ 02:23+ 03:45+ 04:00- 02:26- 02:33- 08:39+ 03:27- 03:50- 01:45- 00:25+
 00:19- 00:26# 00:04+ 00:30# 00:23# 00:12+ 00:02- 00:08- 00:03- 04:57@ 00:55- 01:23- 00:01- 00:05#

4 Michael Fischer Aalborg Orienteringsklub 44:29
 03:59+ 07:41+ 09:08+ 14:40+ 16:50+ 19:52+ 24:09+ 27:01+ 29:41+ 33:19+ 37:13+ 41:52+ 44:02+ 44:29+
 03:59+ 03:42+ 01:27+ 05:32+ 02:10+ 03:02- 04:17+ 02:52+ 02:40+ 03:38- 03:54- 04:39- 02:10+ 00:27+
 00:43# 00:26# 00:01+ 03:07@ 00:10+ 00:31- 00:15+ 00:18# 00:04+ 00:04- 00:28- 00:34- 00:24# 00:07&

5 Thorkild Jensen Randers OK 45:00
 02:30- 06:15- 07:32- 10:06- 12:36+ 22:21+ 26:18+ 28:39+ 31:23+ 35:05+ 38:04+ 43:04+ 44:37+ 45:00+
 02:30- 03:45+ 01:17- 02:34+ 02:30+ 09:45+ 03:57- 02:21- 02:44+ 03:42= 02:59- 05:00- 01:33- 00:23+
 00:46- 00:29# 00:09- 00:09+ 00:30# 06:12@ 00:05- 00:13- 00:08+ 00:00= 01:23- 00:13- 00:13- 00:03#

6 Bo L. Andersen Aalborg Orienteringsklub 45:15
 03:20+ 07:12+ 08:45+ 11:44+ 13:47+ 17:42+ 23:01+ 26:14+ 29:26+ 34:16+ 38:27+ 42:37+ 44:43+ 45:15+
 03:20+ 03:52+ 01:33+ 02:59+ 02:03+ 03:55+ 05:19+ 03:13+ 03:12+ 04:50+ 04:11- 04:10- 02:06+ 00:32+
 00:04+ 00:36# 00:07+ 00:34# 00:03+ 00:22# 01:17& 00:39& 00:36# 01:08& 00:11- 01:03- 00:20# 00:12&

7 Torben Kragh OK Pan 46:35
 03:12- 07:44+ 09:28+ 12:16+ 14:01+ 16:56+ 26:12+ 28:46+ 31:37+ 35:36+ 39:08+ 43:56+ 46:05+ 46:35+
 03:12- 04:32+ 01:44+ 02:48+ 01:45- 02:55- 09:16+ 02:34= 02:51+ 03:59+ 03:32- 04:48- 02:09+ 00:30+
 00:04- 01:16& 00:18# 00:23# 00:15- 00:38- 05:14@ 00:00= 00:15+ 00:17+ 00:50- 00:25- 00:23# 00:10&

8 Steffen Alm Nordvest OK 46:58
 02:56- 08:41+ 10:15+ 13:09+ 15:14+ 18:52+ 23:29+ 26:04+ 28:55+ 36:10+ 39:50+ 44:21+ 46:29+ 46:58+
 02:56- 05:45+ 01:34+ 02:54+ 02:05+ 03:38+ 04:37+ 02:35+ 02:51+ 07:15+ 03:40- 04:31- 02:08+ 00:29+
 00:20- 02:29& 00:08+ 00:29# 00:05+ 00:05+ 00:35# 00:01+ 00:15+ 03:33& 00:42- 00:42- 00:22# 00:09&

9 Kjeld Arildsen OK Vendelboerne 52:42
 03:33+ 09:16+ 11:13+ 15:44+ 17:57+ 23:02+ 29:09+ 32:26+ 35:54+ 40:37+ 44:44+ 49:34+ 52:03+ 52:42+
 03:33+ 05:43+ 01:57+ 04:31+ 02:13+ 05:05+ 06:07+ 03:17+ 03:28+ 04:43+ 04:07- 04:50- 02:29+ 00:39+
 00:17+ 02:27& 00:31& 02:06& 00:13# 01:32& 02:05& 00:43& 00:52& 01:01& 00:15- 00:23- 00:43& 00:19&

10 Klaus Wolsing Mariager Fjord OK 53:59
 03:45+ 08:25+ 10:14+ 13:58+ 16:12+ 23:37+ 29:03+ 32:50+ 36:14+ 40:52+ 45:06+ 50:50+ 53:29+ 53:59+
 03:45+ 04:40+ 01:49+ 03:44+ 02:14+ 07:25+ 05:26+ 03:47+ 03:24+ 04:38+ 04:14- 05:44+ 02:39+ 00:30+
 00:29# 01:24& 00:23& 01:19& 00:14# 03:52@ 01:24& 01:13& 00:48& 00:56& 00:08- 00:31+ 00:53& 00:10&

11 Søren Bak Aalborg Orienteringsklub 57:38
 04:10+ 08:40+ 10:23+ 13:35+ 19:03+ 22:20+ 28:13+ 32:13+ 36:03+ 41:33+ 47:41+ 54:13+ 57:01+ 57:38+
 04:10+ 04:30+ 01:43+ 03:12+ 05:28+ 03:17- 05:53+ 04:00+ 03:50+ 05:30+ 06:08+ 06:32+ 02:48+ 00:37+
 00:54& 01:14& 00:17# 00:47& 03:28@ 00:16- 01:51& 01:26& 01:14& 01:48& 01:46& 01:19& 01:02& 00:17&

12 Kent René Simonsen Viborg OK 1:00:08
 05:34+ 11:35+ 14:37+ 18:12+ 20:49+ 23:52+ 28:33+ 38:15+ 41:24+ 45:19+ 49:09+ 55:16+ 59:34+ 60:08+
 05:34+ 06:01+ 03:02+ 03:35+ 02:37+ 03:03- 04:41+ 09:42+ 03:09+ 03:55+ 03:50- 06:07+ 04:18+ 00:34+
 02:18& 02:45& 01:36@ 01:10& 00:37& 00:30- 00:39# 07:08@ 00:33# 00:13+ 00:32- 00:54# 02:32@ 00:14&

13 Ole Præstgaard Mariager Fjord OK 1:05:09
 03:45+ 09:06+ 11:25+ 15:24+ 17:30+ 21:28+ 26:30+ 30:01+ 33:35+ 41:14+ 53:15+ 62:06+ 64:40+ 65:09+
 03:45+ 05:21+ 02:19+ 03:59+ 02:06+ 03:58+ 05:02+ 03:31+ 03:34+ 07:39+ 12:01+ 08:51+ 02:34+ 00:29+
 00:29# 02:05& 00:53& 01:34& 00:06+ 00:25# 01:00# 00:57& 00:58& 03:57@ 07:39@ 03:38& 00:48& 00:09&

Beste stræktid for klassen
 02:30 03:16 01:17 02:25 01:45 02:55 03:57 02:21 02:33 03:38 02:59 03:50 01:33 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Tom A Karlsen	Fredriksstad Skiklubb	36:29
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05:25=	07:34=	09:14=	13:31=	15:15=	18:08=	19:58=	22:09=	27:14=	30:44=	34:11=	36:00=	36:29=
05:25=	02:09=	01:40=	04:17=	01:44=	02:53=	01:50=	02:11=	05:05=	03:30=	03:27=	01:49=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Rolf Duedahl Nielsen	OK Djurs	37:00
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04:44-	06:57-	09:14=	13:44+	15:23+	18:14+	20:10+	22:41+	26:56-	30:37-	34:30+	36:31+	37:00+
04:44-	02:13+	02:17+	04:30+	01:39-	02:51-	01:56+	02:31+	04:15-	03:41+	03:53+	02:01+	00:29=
00:41-	00:04+	00:37&	00:13+	00:05-	00:02-	00:06+	00:20#	00:50-	00:11+	00:26#	00:12#	00:00=

3	Jens Christensen	Mariager Fjord OK	47:13
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06:40+	09:42+	11:46+	17:03+	19:27+	23:32+	26:00+	28:54+	34:00+	39:02+	44:00+	46:34+	47:13+
06:40+	03:02+	02:04+	05:17+	02:24+	04:05+	02:28+	02:54+	05:06+	05:02+	04:58+	02:34+	00:39+
01:15#	00:53&	00:24#	01:00#	00:40&	01:12&	00:38&	00:43&	00:01+	01:32&	01:31&	00:45&	00:10&

4	Gert Rebsdorf	Mariager Fjord OK	49:18
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06:20+	09:42+	12:19+	17:48+	19:57+	23:56+	26:38+	29:58+	36:02+	40:40+	45:31+	48:44+	49:18+
06:20+	03:22+	02:37+	05:29+	02:09+	03:59+	02:42+	03:20+	06:04+	04:38+	04:51+	03:13+	00:34+
00:55#	01:13&	00:57&	01:12&	00:25#	01:06&	00:52&	01:09&	00:59#	01:08&	01:24&	01:24&	00:05#

5	Keld Østergaard	Mariager Fjord OK	51:25
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08:02+	11:07+	13:21+	18:57+	21:24+	25:54+	29:39+	32:38+	38:03+	42:44+	48:35+	50:50+	51:25+
08:02+	03:05+	02:14+	05:36+	02:27+	04:30+	03:45+	02:59+	05:25+	04:41+	05:51+	02:15+	00:35+
02:37&	00:56&	00:34&	01:19&	00:43&	01:37&	01:55@	00:48&	00:20+	01:11&	02:24&	00:26#	00:06#

6	Ole Nielsen	Aalborg Orienteringsklub	1:06:09
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05:31+	09:37+	11:47+	19:32+	22:19+	27:06+	38:53+	43:07+	49:55+	55:31+	62:16+	65:17+	66:09+
05:31+	04:06+	02:10+	07:45+	02:47+	04:47+	11:47+	04:14+	06:48+	05:36+	06:45+	03:01+	00:52+
00:06+	01:57&	00:30&	03:28&	01:03&	01:54&	09:57@	02:03&	01:43&	02:06&	03:18&	01:12&	00:23&

7	Poul Grøn	OK Pan	1:13:49
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06:09+	10:29+	12:52+	26:48+	33:21+	37:45+	43:16+	52:25+	59:27+	64:41+	70:44+	73:14+	73:49+
06:09+	04:20+	02:23+	13:56+	06:33+	04:24+	05:31+	09:09+	07:02+	05:14+	06:03+	02:30+	00:35+
00:44#	02:11@	00:43&	09:39@	04:49@	01:31&	03:41@	06:58@	01:57&	01:44&	02:36&	00:41&	00:06#

Beste stræktid for klassen

04:44	02:09	01:40	04:17	01:39	02:51	01:50	02:11	04:15	03:30	03:27	01:49	00:29
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

1	Max Hansen	OK Djurs	34:21
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02:49=	06:00=	09:26=	11:14=	15:09=	17:03=	20:23=	23:03=	24:54=	29:39=	31:21=	33:49=	34:21=
02:49=	03:11=	03:26=	01:48=	03:55=	01:54=	03:20=	02:40=	01:51=	04:45=	01:42=	02:28=	00:32=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Poul Bobach	Aalborg Orienteringsklub	41:24
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02:23-	10:00+	12:55+	14:45+	19:11+	21:29+	25:53+	28:13+	31:52+	36:26+	38:27+	40:51+	41:24+
02:23-	07:37+	02:55-	01:50+	04:26+	02:18+	04:24+	02:20-	03:39+	04:34-	02:01+	02:24-	00:33+
00:26-	04:26@	00:31-	00:02+	00:31#	00:24#	01:04&	00:20-	01:48&	00:11-	00:19#	00:04-	00:01+

3	Finn Hørup Nielsen	OK Vendelboerne	45:51
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03:22+	08:29+	12:42+	16:15+	20:50+	23:11+	27:27+	33:30+	35:33+	40:09+	42:58+	45:17+	45:51+
03:22+	05:07+	04:13+	03:33+	04:35+	02:21+	04:16+	06:03+	02:03+	04:36-	02:49+	02:19-	00:34+
00:33#	01:56&	00:47#	01:45&	00:40#	00:27#	00:56&	03:23@	00:12#	00:09-	01:07&	00:09-	00:02+

4	Ulf Mogensen	Aalborg Orienteringsklub	1:01:41
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04:24+	11:14+	14:44+	23:01+	27:54+	30:59+	36:02+	40:23+	48:03+	53:21+	58:37+	61:10+	61:41+
04:24+	06:50+	03:30+	08:17+	04:53+	03:05+	05:03+	04:21+	07:40+	05:18+	05:16+	02:33+	00:31-
01:35&	03:39@	00:04+	06:29@	00:58#	01:11&	01:43&	01:41&	05:49@	00:33#	03:34@	00:05+	00:01-

5	Terkel Arnfred	Aalborg Orienteringsklub	1:34:30
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10:15+	16:53+	21:31+	25:29+	34:11+	42:16+	49:01+	61:26+	72:27+	83:08+	88:58+	93:39+	94:30+
10:15+	06:38+	04:38+	03:58+	08:42+	08:05+	06:45+	12:25+	11:01+	10:41+	05:50+	04:41+	00:51+
07:26@	03:27@	01:12&	02:10@	04:47@	06:11@	03:25@	09:45@	09:10@	05:56@	04:08@	02:13&	00:19&

Beste stræktid for klassen

02:23 03:11 02:55 01:48 03:55 01:54 03:20 02:20 01:51 04:34 01:42 02:19 00:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H80

1 Vagn Lidegaard Mariager Fjord OK 54:04

03:45= 11:31= 16:29= 21:36= 30:35= 37:38= 42:06= 48:22= 53:06= 54:04=
03:45= 07:46= 04:58= 05:07= 08:59= 07:03= 04:28= 06:16= 04:44= 00:58=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

03:45 07:46 04:58 05:07 08:59 07:03 04:28 06:16 04:44 00:58

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.