

Class Navn

Klasse

Tid

D-12

1	Müller Betina Bernholm	OK Syd D-12	47:59										
00:53	02:50	11:00	12:49	14:08	16:22	30:15	31:30	34:43	36:29	38:56	42:16	47:18	47:59
00:53	01:57	08:10	01:49	01:19	02:14	13:53	01:15	03:13	01:46	02:27	03:20	05:02	00:41
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

D21

1	Vincze Rebeka	Horsens OK D21	1:27:15																			
07:13	12:20	17:03	19:31	22:55	26:22	30:38	33:45	38:48	49:41	55:05	56:10	59:07	62:24	65:00	67:27	70:30	78:01	81:09	83:13	85:58	86:49	87:15
07:13	05:07	04:43	02:28	03:24	03:27	04:16	03:07	05:03	10:53	05:24	01:05	02:57	03:17	02:36	02:27	03:03	07:31	03:08	02:04	02:45	00:51	00:26
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

2	Isaksen Kristina	Hedum OL D21	1:54:49																			
07:29	12:58	19:25	23:18	29:59	40:50	44:33	48:58	56:33	71:04	78:45	80:06	84:19	86:42	90:24	93:48	98:08	104:33	107:18	109:42	113:30	114:12	114:49
07:29	05:29	06:27	03:53	06:41	10:51	03:43	04:25	07:35	14:31	07:41	01:21	04:13	02:23	03:42	03:24	04:20	06:25	02:45	02:24	03:48	00:42	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

D40

1	Bobach Helle Popp	Aalborg OK D40	1:09:09																		
02:44	05:20	08:16	12:10	16:39	20:14	22:22	26:13	32:53	37:04	40:32	43:09	46:48	50:06	53:58	55:53	57:35	59:47	63:17	68:00	68:41	69:09
02:44	02:36	02:56	03:54	04:29	03:35	02:08	03:51	06:40	04:11	03:28	02:37	03:39	03:18	03:52	01:55	01:42	02:12	03:30	04:43	00:41	00:28
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

2	Bobach Anna Vang	Aalborg OK D40	1:14:08																		
02:57	05:43	08:53	12:57	17:46	21:40	24:11	27:35	33:42	38:27	42:25	45:15	49:35	53:08	57:01	59:12	61:31	63:51	67:11	72:39	73:35	74:08
02:57	02:46	03:10	04:04	04:49	03:54	02:31	03:24	06:07	04:45	03:58	02:50	04:20	03:33	03:53	02:11	02:19	02:20	03:20	05:28	00:56	00:33
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

3	Olesen Berit Kristine	AKIF D40	1:34:56																		
07:28	12:10	15:30	20:42	25:43	30:30	33:07	37:14	45:13	54:22	59:03	61:36	66:00	69:55	74:37	77:12	80:07	83:01	87:10	92:59	94:21	94:56
07:28	04:42	03:20	05:12	05:01	04:47	02:37	04:07	07:59	09:09	04:41	02:33	04:24	03:55	04:42	02:35	02:55	02:54	04:09	05:49	01:22	00:35
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

4	Keller Elise Utzen	Horsens OK D40	2:03:10																		
04:15	19:02	24:35	39:28	44:35	48:36	52:29	57:08	66:44	72:00	78:30	81:59	87:28	91:04	97:59	104:06	107:17	110:16	114:19	121:38	122:41	123:10
04:15	14:47	05:33	14:53	05:07	04:01	03:53	04:39	09:36	05:16	06:30	03:29	05:29	03:36	06:55	06:07	03:11	02:59	04:03	07:19	01:03	00:29
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

D50

1	Nielsen Mette Møller	AKIF D50	1:10:49										
04:21	08:25	13:13	20:27	27:50	33:35	43:48	50:06	56:56	58:56	65:37	69:22	70:12	70:49
04:21	04:04	04:48	07:14	07:23	05:45	10:13	06:18	06:50	02:00	06:41	03:45	00:50	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

2	Edsen Mette	Nordvest OK D50	1:17:02										
03:19	10:41	15:52	24:30	32:39	38:55	47:31	57:11	61:32	63:56	70:29	74:35	76:25	77:02
03:19	07:22	05:11	08:38	08:09	06:16	08:36	09:40	04:21	02:24	06:33	04:06	01:50	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

3	Andersen Minna Hald	RSOK D50	1:24:33										
04:05	11:52	17:42	27:52	38:48	46:31	57:00	63:04	68:28	71:05	79:34	83:16	84:03	84:33
04:05	07:47	05:50	10:10	10:56	07:43	10:29	06:04	05:24	02:37	08:29	03:42	00:47	00:30
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

D60

Class	Navn	Klasse										Tid						
1	Filskov Dorte	Aalborg OK D60										49:46						
	06:11	08:42	11:23	13:51	17:47	19:30	25:50	29:07	33:03	35:56	38:32	40:52	44:35	45:37	48:32	49:15	49:46	
	06:11	02:31	02:41	02:28	03:56	01:43	06:20	03:17	03:56	02:53	02:36	02:20	03:43	01:02	02:55	00:43	00:31	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
1	Gjedde Bettina	Mariager Fjord OK D60										49:46						
	01:56	04:35	07:50	10:31	15:08	16:47	21:40	25:17	29:23	32:29	35:42	38:33	42:39	43:52	44:58	48:31	49:13	49:46
	01:56	02:39	03:15	02:41	04:37	01:39	04:53	03:37	04:06	03:06	03:13	02:51	04:06	01:13	01:06	03:33	00:42	00:33
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
3	Mogensen Pia Hejlskov	Mariager Fjord OK D60										55:31						
	05:54	12:50	15:54	18:19	22:30	24:35	32:07	34:58	38:16	40:50	43:32	45:44	49:22	50:30	53:39	54:53	55:31	
	05:54	06:56	03:04	02:25	04:11	02:05	07:32	02:51	03:18	02:34	02:42	02:12	03:38	01:08	03:09	01:14	00:38	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
4	Rud britt hermand	Silkeborg OK D60										59:12						
	02:25	05:33	15:55	19:02	23:17	25:11	32:18	35:54	39:30	41:30	44:29	48:00	52:21	53:53	57:14	58:40	59:12	
	02:25	03:08	10:22	03:07	04:15	01:54	07:07	03:36	03:36	02:00	02:59	03:31	04:21	01:32	03:21	01:26	00:32	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
5	Isen Gitte	Herning OK D60										1:02:46						
	03:49	06:43	09:41	12:38	17:22	19:48	30:59	35:19	42:08	44:43	47:53	51:16	55:59	57:21	61:06	62:08	62:46	
	03:49	02:54	02:58	02:57	04:44	02:26	11:11	04:20	06:49	02:35	03:10	03:23	04:43	01:22	03:45	01:02	00:38	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
6	Jensen Lone Marianne	Nordvest OK D60										1:04:01						
	02:45	07:38	11:23	14:44	22:04	24:31	31:33	35:41	41:24	44:21	48:02	51:14	56:28	58:17	62:18	63:16	64:01	
	02:45	04:53	03:45	03:21	07:20	02:27	07:02	04:08	05:43	02:57	03:41	03:12	05:14	01:49	04:01	00:58	00:45	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
7	Andersen Hanne Møller	OK Pan D60										1:04:26						
	03:40	32:12	36:47	42:16	46:01	49:00	51:40	57:45	59:22	62:59	63:49	64:26						
	03:40	28:32	04:35	05:29	03:45	02:59	02:40	06:05	01:37	03:37	00:50	00:37						
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&						
8	Thorup Lene	Nordvest OK D60										1:16:15						
	03:36	07:03	10:54	14:26	22:00	25:29	32:35	38:55	46:46	53:40	57:49	61:13	67:15	68:53	72:49	75:41	76:15	
	03:36	03:27	03:51	03:32	07:34	03:29	07:06	06:20	07:51	06:54	04:09	03:24	06:02	01:38	03:56	02:52	00:34	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
9	Wæhrens Karin	OK Vendelboerne D60										1:17:37						
	02:43	06:42	12:18	15:29	20:28	24:25	40:51	47:46	52:23	57:18	60:18	62:48	67:25	73:10	76:28	77:06	77:37	
	02:43	03:59	05:36	03:11	04:59	03:57	16:26	06:55	04:37	04:55	03:00	02:30	04:37	05:45	03:18	00:38	00:31	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
10	Bak-Mikkelsen Hanne	OK Vendelboerne D60										1:18:34						
	09:59	16:16	24:14	27:45	32:55	37:58	44:41	49:04	56:16	61:26	64:42	67:57	72:28	73:50	77:09	78:01	78:34	
	09:59	06:17	07:58	03:31	05:10	05:03	06:43	04:23	07:12	05:10	03:16	03:15	04:31	01:22	03:19	00:52	00:33	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
11	Mohapelo Hanne	Aalborg OK D60										1:33:12						
	02:09	06:41	11:00	15:48	21:24	24:04	31:49	54:35	59:55	62:48	66:47	70:13	82:58	87:00	91:26	92:32	93:12	
	02:09	04:32	04:19	04:48	05:36	02:40	07:45	22:46	05:20	02:53	03:59	03:26	12:45	04:02	04:26	01:06	00:40	
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
D70																		
1	Bobach Kirsten	Aalborg OK D70										52:03						
	04:17	08:15	11:42	14:29	21:31	26:54	31:40	35:51	45:52	50:23	51:22	52:03						
	04:17	03:58	03:27	02:47	07:02	05:23	04:46	04:11	10:01	04:31	00:59	00:41						
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&						
2	Borchorst Elizabeth	RSOK D70										57:50						
	03:07	06:30	09:33	12:35	20:21	26:32	31:56	35:43	38:47	49:52	55:11	57:06	57:50					
	03:07	03:23	03:03	03:02	07:46	06:11	05:24	03:47	03:04	11:05	05:19	01:55	00:44					
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&					
3	Sørensen Edith	Aalborg OK D70										1:05:30						
	05:36	10:56	15:25	18:39	27:06	33:45	38:44	44:40	57:13	63:33	64:37	65:30						
	05:36	05:20	04:29	03:14	08:27	06:39	04:59	05:56	12:33	06:20	01:04	00:53						
	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&						

Class	Navn	Klasse										Tid	
4	Jensen Jane Thode	Nordvest OK D70										1:11:21	
03:37	07:26	11:44	14:41	22:23	30:30	37:20	45:37	62:34	68:06	70:31	71:21		
03:37	03:49	04:18	02:57	07:42	08:07	06:50	08:17	16:57	05:32	02:25	00:50		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&		
5	Thomsen Ellen	OK Vendelboerne D70										1:20:04	
03:43	09:17	13:43	18:37	29:33	39:37	46:40	59:06	72:22	77:57	79:05	80:04		
03:43	05:34	04:26	04:54	10:56	10:04	07:03	12:26	13:16	05:35	01:08	00:59		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&		
6	Jensen Anni	Herning OK D70										1:23:25	
07:21	15:22	19:00	22:58	32:01	41:24	46:11	51:45	75:44	80:04	82:45	83:25		
07:21	08:01	03:38	03:58	09:03	09:23	04:47	05:34	23:59	04:20	02:41	00:40		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&		
7	Ceeberg Anne Marie	Hedum OL D70										1:29:06	
04:19	11:20	16:20	25:21	36:08	45:42	51:46	58:45	78:13	86:03	87:55	89:06		
04:19	07:01	05:00	09:01	10:47	09:34	06:04	06:59	19:28	07:50	01:52	01:11		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&		
8	Hansen Lene Bank	OK Vendelboerne D70										1:40:43	
04:21	13:14	18:39	24:02	39:22	48:13	57:18	67:34	84:46	94:25	99:33	100:43		
04:21	08:53	05:25	05:23	15:20	08:51	09:05	10:16	17:12	09:39	05:08	01:10		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&		
Fri 1													
1	Grøn Poul	Noteam Fri 1										1:54:32	
02:47	13:11	20:35	30:56	41:31	47:44	61:32	67:59	74:01	97:33	107:18	112:03	113:50	114:32
02:47	10:24	07:24	10:21	10:35	06:13	13:48	06:27	06:02	23:32	09:45	04:45	01:47	00:42
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
Fri 2													
1	Sørensen Mette Reiche	OK Vendelboerne Fri 2										49:22	
02:27	06:33	13:14	16:23	18:53	23:24	30:01	33:41	39:57	44:29	47:58	48:53	49:22	
02:27	04:06	06:41	03:09	02:30	04:31	06:37	03:40	06:16	04:32	03:29	00:55	00:29	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
2	Hansen Lilli	OK GORM Fri 2										1:09:18	
04:04	08:36	15:08	19:34	22:41	28:15	36:13	41:03	51:49	58:26	64:49	68:17	69:18	
04:04	04:32	06:32	04:26	03:07	05:34	07:58	04:50	10:46	06:37	06:23	03:28	01:01	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
3	Bruun Dorte	Aalborg OK Fri 2										1:09:21	
03:26	07:05	13:52	17:00	31:45	36:43	44:57	50:05	57:21	62:42	66:26	68:48	69:21	
03:26	03:39	06:47	03:08	14:45	04:58	08:14	05:08	07:16	05:21	03:44	02:22	00:33	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
4	Blom Jørn	Mariager Fjord OK Fri 2										1:22:41	
05:46	10:36	20:09	25:19	30:13	37:03	46:29	53:00	65:23	72:47	80:14	81:36	82:41	
05:46	04:50	09:33	05:10	04:54	06:50	09:26	06:31	12:23	07:24	07:27	01:22	01:05	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
5	Pielmeier Ulrike	Aalborg OK Fri 2										1:27:22	
04:11	08:28	13:43	18:36	23:41	28:51	36:11	52:33	74:37	80:23	84:09	85:13	87:22	
04:11	04:17	05:15	04:53	05:05	05:10	07:20	16:22	22:04	05:46	03:46	01:04	02:09	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
H-12													
1	Bobach Mikkel Popp	Aalborg OK H-12										25:02	
00:46	02:35	03:26	04:51	05:55	07:38	10:46	11:40	13:41	18:10	19:45	22:32	25:02	
00:46	01:49	00:51	01:25	01:04	01:43	03:08	00:54	02:01	04:29	01:35	02:47	02:30	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
2	Bobach Sander Popp	Aalborg OK H-12										27:46	
00:48	02:45	03:44	06:22	07:37	09:36	13:26	14:41	17:11	18:39	20:25	23:11	27:11	27:46
00:48	01:57	00:59	02:38	01:15	01:59	03:50	01:15	02:30	01:28	01:46	02:46	04:00	00:35
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

Class	Navn	Klasse											Tid
3	Flytkjær Søren	Aalborg OK H60											56:21
02:31	06:38	11:51	18:01	23:54	28:30	36:45	41:42	45:29	47:00	52:17	55:15	55:52	56:21
02:31	04:07	05:13	06:10	05:53	04:36	08:15	04:57	03:47	01:31	05:17	02:58	00:37	00:29
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
4	Andersen Bo L.	Aalborg OK H60											1:01:52
04:21	08:21	12:16	18:28	24:52	31:36	39:02	42:54	46:44	50:36	57:43	60:42	61:22	61:52
04:21	04:00	03:55	06:12	06:24	06:44	07:26	03:52	03:50	03:52	07:07	02:59	00:40	00:30
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
5	Sloth Egon	Aalborg P.I. o-afd. H60											1:05:31
02:11	07:37	12:09	20:35	28:07	34:20	42:28	48:00	51:52	54:43	60:56	64:12	64:57	65:31
02:11	05:26	04:32	08:26	07:32	06:13	08:08	05:32	03:52	02:51	06:13	03:16	00:45	00:34
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
6	Korsbæk Per	Mariager Fjord OK H60											1:06:06
06:33	15:03	23:23	30:19	35:58	44:19	50:18	53:54	55:56	61:36	64:47	65:34	66:06	
06:33	08:30	08:20	06:56	05:39	08:21	05:59	03:36	02:02	05:40	03:11	00:47	00:32	
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
8	Arildsen Kjeld	OK Vendelboerne H60											1:13:34
02:13	06:47	12:02	21:58	30:37	36:32	48:31	54:19	58:52	61:13	68:00	71:57	72:51	73:34
02:13	04:34	05:15	09:56	08:39	05:55	11:59	05:48	04:33	02:21	06:47	03:57	00:54	00:43
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
9	Jensen Ole Bernth	Nordvest OK H60											1:14:21
04:17	08:18	14:05	21:06	30:38	37:50	48:17	54:36	58:36	60:49	67:44	72:21	73:47	74:21
04:17	04:01	05:47	07:01	09:32	07:12	10:27	06:19	04:00	02:13	06:55	04:37	01:26	00:34
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
10	Bak-Mikkelsen Henning	OK Vendelboerne H60											1:16:39
02:25	07:54	13:32	21:35	32:19	37:26	45:34	50:45	54:58	63:31	69:16	74:50	76:08	76:39
02:25	05:29	05:38	08:03	10:44	05:07	08:08	05:11	04:13	08:33	05:45	05:34	01:18	00:31
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
11	Rebsdorf Gert	Mariager Fjord OK H60											1:16:44
02:09	08:43	14:00	24:43	34:21	41:44	51:22	58:01	61:49	63:53	71:07	75:07	76:03	76:44
02:09	06:34	05:17	10:43	09:38	07:23	09:38	06:39	03:48	02:04	07:14	04:00	00:56	00:41
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
12	Pedersen Vagn	Aarhus 1900 Orientering H60											1:22:37
02:55	08:54	14:37	24:43	33:39	41:19	52:01	58:59	64:33	66:52	76:11	80:09	81:56	82:37
02:55	05:59	05:43	10:06	08:56	07:40	10:42	06:58	05:34	02:19	09:19	03:58	01:47	00:41
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
13	Christensen Mogens	OK Vendelboerne H60											1:37:33
04:37	10:39	17:27	27:54	38:15	47:38	60:36	67:46	74:27	78:42	89:34	94:09	96:45	97:33
04:37	06:02	06:48	10:27	10:21	09:23	12:58	07:10	06:41	04:15	10:52	04:35	02:36	00:48
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
14	Otte Lars	RSOK H60											1:43:53
02:18	09:31	15:02	23:20	31:39	40:11	53:20	79:28	85:03	87:35	94:22	101:00	103:17	103:53
02:18	07:13	05:31	08:18	08:19	08:32	13:09	26:08	05:35	02:32	06:47	06:38	02:17	00:36
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
15	Lautrup Jens	Nordvest OK H60											1:45:37
11:47	24:31	33:33	44:53	54:50	67:43	79:12	85:31	89:25	91:43	98:38	103:06	104:51	105:37
11:47	12:44	09:02	11:20	09:57	12:53	11:29	06:19	03:54	02:18	06:55	04:28	01:45	00:46
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
16	Hauge Per	OK Vendelboerne H60											1:54:12
04:15	11:56	18:46	28:44	39:44	52:56	70:55	80:03	92:09	95:47	104:22	109:59	113:32	114:12
04:15	07:41	06:50	09:58	11:00	13:12	17:59	09:08	12:06	03:38	08:35	05:37	03:33	00:40
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
17	Hilden Helmut	RSOK H60											2:01:44
11:52	19:45	28:14	44:13	56:31	64:14	87:10	94:56	101:33	105:08	114:25	119:00	121:08	121:44
11:52	07:53	08:29	15:59	12:18	07:43	22:56	07:46	06:37	03:35	09:17	04:35	02:08	00:36
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
18	Niss Karsten Ulrik	Aalborg OK H60											2:07:28
07:43	14:28	23:04	35:51	49:18	58:11	72:50	81:56	96:09	101:00	117:02	125:19	126:47	127:28
07:43	06:45	08:36	12:47	13:27	08:53	14:39	09:06	14:13	04:51	16:02	08:17	01:28	00:41
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

Class	Navn	Klasse	Tid
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H70

1	Poulsen Helge	Mariager Fjord OK H70	47:51													
03:02	05:35	08:12	10:25	14:35	16:08	24:03	26:56	30:17	32:46	35:29	37:46	41:19	42:38	45:35	47:17	47:51
03:02	02:33	02:37	02:13	04:10	01:33	07:55	02:53	03:21	02:29	02:43	02:17	03:33	01:19	02:57	01:42	00:34
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
2	Jensen Jens Jørgen	Herning OK H70	48:46													
04:11	06:20	08:39	14:20	18:35	20:08	24:58	28:25	33:39	35:39	38:19	40:05	43:33	44:40	47:31	48:11	48:46
04:11	02:09	02:19	05:41	04:15	01:33	04:50	03:27	05:14	02:00	02:40	01:46	03:28	01:07	02:51	00:40	00:35
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
3	Munthe Søren	Mariager Fjord OK H70	49:30													
02:37	05:23	08:19	11:07	15:33	17:27	22:24	25:20	30:17	32:57	35:52	38:38	42:46	45:03	48:08	48:56	49:30
02:37	02:46	02:56	02:48	04:26	01:54	04:57	02:56	04:57	02:40	02:55	02:46	04:08	02:17	03:05	00:48	00:34
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
4	Aaris Finn Jørgensen	OK H.T.F. H70	49:38													
02:36	05:16	07:50	10:17	14:38	16:52	22:12	25:52	30:50	32:58	35:40	38:10	42:49	45:04	48:19	49:01	49:38
02:36	02:40	02:34	02:27	04:21	02:14	05:20	03:40	04:58	02:08	02:42	02:30	04:39	02:15	03:15	00:42	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
5	Bobach Poul	Aalborg OK H70	50:40													
02:49	05:40	08:23	10:54	16:07	18:04	23:42	26:49	30:56	34:04	38:04	40:40	44:36	45:54	49:18	50:06	50:40
02:49	02:51	02:43	02:31	05:13	01:57	05:38	03:07	04:07	03:08	04:00	02:36	03:56	01:18	03:24	00:48	00:34
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
6	Kristensen Gert	Randers OK H70	51:36													
04:04	07:11	09:54	12:36	17:30	19:20	24:59	27:58	32:49	35:17	38:28	41:15	45:22	47:07	50:14	51:01	51:36
04:04	03:07	02:43	02:42	04:54	01:50	05:39	02:59	04:51	02:28	03:11	02:47	04:07	01:45	03:07	00:47	00:35
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
7	Nørgaard Flemming	OK Pan H70	55:42													
02:25	05:32	09:22	12:35	18:23	20:16	25:55	30:03	35:28	38:44	41:48	44:17	48:43	50:17	54:09	55:05	55:42
02:25	03:07	03:50	03:13	05:48	01:53	05:39	04:08	05:25	03:16	03:04	02:29	04:26	01:34	03:52	00:56	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
8	Isen Torben	Herning OK H70	58:17													
02:39	06:13	09:37	13:03	18:12	20:20	26:53	30:02	35:15	39:30	42:36	45:50	50:43	52:38	56:47	57:38	58:17
02:39	03:34	03:24	03:26	05:09	02:08	06:33	03:09	05:13	04:15	03:06	03:14	04:53	01:55	04:09	00:51	00:39
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
9	Christensen Bjerne	Silkeborg OK H70	1:04:03													
01:51	04:34	08:20	10:52	15:25	17:31	22:50	26:09	29:48	31:34	34:54	37:20	55:01	58:21	61:58	63:26	64:03
01:51	02:43	03:46	02:32	04:33	02:06	05:19	03:19	03:39	01:46	03:20	02:26	17:41	03:20	03:37	01:28	00:37
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
10	Munthe Troels	Mariager Fjord OK H70	1:11:46													
02:27	06:41	13:42	16:23	21:52	23:57	29:49	34:19	39:27	44:00	47:22	50:19	61:42	64:46	68:41	70:51	71:46
02:27	04:14	07:01	02:41	05:29	02:05	05:52	04:30	05:08	04:33	03:22	02:57	11:23	03:04	03:55	02:10	00:55
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
11	Jensen Hermann P.	Nordvest OK H70	1:13:45													
02:32	06:52	10:40	13:14	19:46	21:55	29:07	33:51	38:00	40:09	43:19	47:29	67:15	68:50	72:17	73:12	73:45
02:32	04:20	03:48	02:34	06:32	02:09	07:12	04:44	04:09	02:09	03:10	04:10	19:46	01:35	03:27	00:55	00:33
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
12	Nielsen Finn Hørup	OK Vendelboerne H70	1:17:45													
06:28	09:57	13:46	17:06	21:48	24:26	31:55	36:43	40:59	44:12	47:28	51:25	71:09	72:52	76:18	77:13	77:45
06:28	03:29	03:49	03:20	04:42	02:38	07:29	04:48	04:16	03:13	03:16	03:57	19:44	01:43	03:26	00:55	00:32
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&
13	Ceeberg Bjørn	Hedum OL H70	1:42:36													
04:41	09:29	13:55	18:29	24:37	27:47	35:57	56:31	70:23	74:45	79:38	83:56	92:08	94:41	100:21	101:42	102:36
04:41	04:48	04:26	04:34	06:08	03:10	08:10	20:34	13:52	04:22	04:53	04:18	08:12	02:33	05:40	01:21	00:54
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

H80

1	Laursen Kai Ø.	Aalborg OK H80	1:03:05								
02:51	06:20	09:38	12:42	20:42	27:49	35:54	41:46	55:58	61:06	62:13	63:05
02:51	03:29	03:18	03:04	08:00	07:07	08:05	05:52	14:12	05:08	01:07	00:52
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&

Class	Navn	Klasse											Tid
2	Roesgaard Jens	Nordvest OK H80											1:53:15
03:50	08:10	12:43	17:28	29:08	40:42	66:42	74:17	102:51	109:17	112:03	113:15		
03:50	04:20	04:33	04:45	11:40	11:34	26:00	07:35	28:34	06:26	02:46	01:12		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	
3	Lidegaard Vagn	Mariager Fjord OK H80											1:56:31
05:58	11:56	18:50	26:16	39:12	51:34	60:38	76:36	103:31	111:35	115:03	116:31		
05:58	05:58	06:54	07:26	12:56	12:22	09:04	15:58	26:55	08:04	03:28	01:28		
00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	00:36&	